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#### What is claimed is:

1. A lead comprising:

a lead body extending from a proximal end to a distal end; and an electrode coupled to the lead body;

wherein the lead body and the electrode each have an outer surface adapted to passively prevent formation of clots on the outer surfaces.

- 2. The lead of claim 1, wherein the outer surface of the lead is textured so as to form a pseudo-intimal layer on the outer surface.
- 3. The lead of claim 1, wherein the lead body includes at least a portion seeded with endothelial cells or stem cells.
- 4. The lead of claim 1, wherein the lead body material includes a phospholipid polymer.
- 5. The lead of claim 1, wherein the outer surface of the electrode includes a textured coating or surface.
- 6. The lead of claim 5, wherein the electrode includes a coating including titanium microspheres.
- 7. The lead of claim 6, wherein the titanium microspheres are dimensioned to attract circulating blood cells so as to develop a uniform and tightly adherent biologic surface.

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- 8. The lead of claim 1, wherein the lead body includes an amino acid sequence attached to a polymer, the amino acid sequence chosen to bind to cell receptors.
- 9. The lead of claim 1, wherein the outer surface of the lead does not include any active coatings which elute from the surface to minimize clotting.
- 10. The lead of claim 1, wherein the lead is coupled to a pulse generator and is adapted for delivering cardiac resynchronization therapy.

### 11. A lead comprising:

a lead body extending from a proximal end to a distal end; and an electrode coupled to the lead body;

wherein the lead body has a textured outer surface adapted to passively prevent formation of clots on the outer surface; and

wherein the electrode includes an outer textured surface including microspheres.

- 12. The lead of claim 11, wherein the electrode outer surface is adapted to trap blood cells within the textured surface to form a layer of blood cells on the electrode surface.
- 13. The lead of claim 11, wherein the microspheres are titanium microspheres.
- 14. The lead of claim 11, wherein the outer surface of the lead does not include any active coatings which elute from the surface to minimize clotting.
- 15. The lead of claim 11, wherein the lead outer surface is inherently non-thrombogenic.

16. The lead of claim 11, wherein the lead is coupled to a pulse generator and is adapted for delivering cardiac resynchronization therapy.

## 17. A lead comprising:

a lead body extending from a proximal end to a distal end;
an electrode coupled to the lead body; and
means for passively preventing formation of clots on the electrode and the
lead body.

- 18. The lead of claim 17, wherein means for passively preventing includes a microsphere outer surface coating on at least a portion of the electrode.
- 19. The lead of claim 17, wherein means for passively preventing includes at least a portion of the lead body having an outer surface seeded with endothelial cells or stem cells.
- 20. The lead of claim 17, wherein means for passively preventing includes the lead body having an outer surface including a phospholipid polymer material.

# 21. A method comprising:

implanting a lead in a left chamber of a heart, the lead having a non-eluting, bio-passive, non-thrombogenic outer surface;

coupling the lead to a pulse generator; and delivering electrical pulses to the heart through the lead.

22. The method of claim 21, wherein delivering electrical pulses includes delivering CRT therapy to the heart.

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23. The method of claim 22, wherein delivering CRT therapy includes sensing heart conditions through the lead.